

## Schedule for weekend sessions

### in Rinpoche's presence:

|                 |                    |   |
|-----------------|--------------------|---|
| <b>Saturday</b> | 10.15am to 12pm    | - Recitation of The Necklace of the Fortunate (Jorchö)  |
|                 | 2pm to 4pm         | - Study programme session with tutor: The basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French. |
|                 | 4.15pm to 5.45pm   | - Teaching given by Geshe Lobsang Tenzin Ia on the <i>Bodhicaryâvatâra (A Guide to the Bodhisattva's Way of Life)</i> by Shantideva   |
| <b>Sunday</b>   | 10am to 10.45am    | - Recitation of the Ganden Lha Gyama  |
|                 | 10.55am to 12.15pm | - Lamrim teaching given by Venerable Dagpo Rinpoche*  |
|                 | 1.45pm to 2.10pm   | - Question and answer session on the teaching or independent meditation   |
|                 | 2.10pm to 4.10pm   | - Study programme session with tutor: The basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French. |
|                 | 4.15pm to 4.20pm   | - Dedication  |
|                 | 4.20pm             | - Tea, tidying up and cleaning  |

\*Rinpoche's health permitting

### in Rinpoche's absence:

|                 |                  |  |
|-----------------|------------------|--|
| <b>Saturday</b> | 10.15am to 12pm  | - Recitation of <i>The Necklace of the Fortunate (Jorchö)</i>  |
|                 | 2pm to 3pm       | - Meditation on the lamrim or concentration meditation   |
|                 | 3.15pm to 5.15pm | - Study programme session with tutor: The basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French. |
| <b>Sunday</b>   | 9am to 9.45am    | - Recitation of the <i>Ganden Lha Gyama</i>  |
|                 | 10am to 12pm     | - Study programme session with tutor: The basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French. |
|                 | 1.45pm to 2.45pm | - Study programme session with tutor   |
|                 | 2.45pm to 3.40pm | - Study programme session without tutor  |
|                 | 3.50pm to 3.55pm | - Dedication   |
|                 | 4pm              | - Tea, tidying up and cleaning   |

## The Institutes need your help!

*The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.*



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,  
INSTITUT BOUDDHISTE DU LAMRIM

Teachings given by Venerable Dagpo  
Rinpoche and other activities of the  
Institutes

April to September 2026



**Updated 14/06/2026 – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or <http://www.gandenling.org> or @GandenLing**

**Location of activities:** Face-to-face activities can sometimes be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

**VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons.** Access by “Chemin de la Passerelle” (only for pedestrians).  
-Weekend sessions at Yiga Choedzin (temple in Veneux): Saturday & Sunday from 10am to 6pm  
-Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10.30am  
-Upkeep (cleaning and gardening) of the Institutes: from 10am to 5pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.  
**PARIS: Forum 104, 104 rue de Vaugirard, Paris 6th**  
**NB An English translation is only available for teachings!**

### APRIL 2026: Please request Zoom connection codes the day before at the latest.

|                     |                        |   |
|---------------------|------------------------|---|
| Thurs 2, 9, 16      | <b>At home</b>         | Zoom, 7pm: “ <b>The little things that do us good</b> ” with a Buddhist nun   |
| Sun 5, 19           | <b>Veneux/ At home</b> | 10.30 am: <b>Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i></b>                            |
| Tues 7, 21          | <b>At home</b>         | Zoom, 7pm: “ <b>Discover the Buddha's teaching</b> ”  |
| Sat 11              | <b>Veneux</b>          | 3.30pm: Annual general meeting – Guépèle Institute (reception from 2.30 pm)   |
| Sun 12              | <b>Veneux/ At home</b> | <b>35 Confession Buddhas purification practice</b>  |
| Tues 14             | <b>At home</b>         | Zoom, 7pm: Training in <b>concentration meditation</b>  |
| Wed 15              | <b>At home</b>         | Zoom, 7.15pm: Explanation of the <b>six preliminary practices</b>   |
| Fri 24–Sun 3<br>May | <b>Veneux/ At home</b> | <b>Info: Great lamrim retreat</b> from Friday, 24 April (evening) to Sunday, 3 May (afternoon). Reserved for lamrim retreatants – registration required |

### MAY 2026: Please request Zoom connection codes the day before at the latest.

|                        |                        |   |
|------------------------|------------------------|---|
| Tues 5, 19             | <b>At home</b>         | Zoom, 7pm: “ <b>Discover the Buddha's teaching</b> ”  |
| Thurs 7, 14, 21,<br>28 | <b>At home</b>         | Zoom, 7pm: “ <b>The little things that do us good</b> ” with a Buddhist nun   |
| Sun 10, 17             | <b>Veneux/ At home</b> | 10.30am: <b>Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i></b> |
| Tues 12, 26            | <b>At home</b>         | Zoom, 7 pm: Training in <b>concentration meditation</b>   |

|               |                    |   |
|---------------|--------------------|---|
| Sat 23–Sun 24 | Veneux/<br>At home | <b>Weekend session with study programme</b> (see details p. 4). The teachings will be translated into English and French. |
| Sat 30        | Veneux/<br>At home | <i>Info: Lamrim meditation day</i> – see retreat calendar   |
| Sat 30–Sun 31 | Paris              | <b>Vesak celebration</b> (UBF)  |

**JUNE 2026:** Please request Zoom connection codes the day before at the latest.

|                     |  |  |
|---------------------|--|--|
| Tues 2, 16          | At home                                      | Zoom, 7pm: “ <b>Discover the Buddha’s teaching</b> ”   |
| Thurs 4, 11, 18, 25 | At home                                      | Zoom, 7pm: “ <b>The little things that do us good</b> ” with a Buddhist nun  |
| Sun 7               | Veneux/<br>At home                           | 10.30am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>  |
| Tues 9, 23, 30      | At home                                      | Zoom, 7pm: Training in <b>concentration meditation</b>   |
| Sat 13–Sun 14       | La Roche Saint Secret/<br>Veneux/<br>At home | <b>Venerable Lochen Rinpoche</b> will give a teaching on “the origin of suffering”.<br>Saturday: 1.15pm to 2.45pm: six preliminary practices; 3pm to 5pm: teaching<br>Sunday: 10am to 10.15am: recitations; 10.15am to 12pm: teaching<br><br>The teaching will be translated into French only and webcast via Zoom (request access codes by emailing <a href="mailto:iktlda26@gmail.com">iktlda26@gmail.com</a> ).                     |
| Wed 17              | At home                                      | Zoom, 7.15pm: Explanation of the <b>six preliminary practices</b>  |
| Sat 20–Sun 21       | Veneux<br><br>At home: Saturday only         | On Saturday from 10.15am to 12pm and from 3pm to 5pm <b>Kyabje Ling Chokrul Rinpoche</b> will give a teaching on <i>The Thirty-Seven Practices of a Bodhisattva</i> by Gyalse Thokme Zangpo.<br>On Sunday from 10.15am to 12pm <b>Kyabje Ling Chokrul Rinpoche</b> will bestow an <b>Amitayus long life initiation</b> .<br>The teaching and initiation will be translated into English and French. Only the teaching will be webcast. |
| Sunday 21           | At home                                      | <i>Info: Lamrim meditation day</i> – see retreat calendar  |
| Fri 26, Sat 27      | Veneux                                       | Preparation for open day.  |
| Sun 28              | Veneux                                       | 10am to 6pm: <b>Open day</b>   |

**JULY 2026:** Please request Zoom connection codes the day before at the latest.

|             |                    |  |
|-------------|--------------------|--|
| Thurs 2, 9  | At home            | Zoom, 7pm: “ <b>The little things that do us good</b> ” with a Buddhist nun  |
| Sat 4–Sun 5 | Veneux/<br>At home | <b>Weekend session with study programme</b> (see details p. 4). The teachings will be translated into English and French.  |
| Tues 7      | At home            | Zoom, 7pm: Training in <b>concentration meditation</b>   |
| Sun 12, 26  | Veneux/<br>At home | 10.30am*: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> s *9:30am if teaching                                       |
| Wed 15      | At home            | Zoom, 7.15pm: Explanation of the <b>six preliminary practices</b>  |
| Sat 18      | Info               | <b>Chökhör Düchen</b>  |
| Sunday 19   | Veneux/<br>At home | Teaching given by <b>Ganden Tri Rinpoche</b> on <i>a text from Je Rinpoche</i> from 10.15am to 12pm and 3pm to 5pm. The teaching will be translated into English and French and webcast. |
| Sat 25      | Veneux/<br>At home | <i>Info: Lamrim meditation day</i> – see retreat calendar  |

**AUGUST 2026:** Please request Zoom connection codes the day before at the latest.

|                  |                    |  |
|------------------|--------------------|--|
| Sun 2, 9, 16, 23 | Veneux/<br>At home | 10.30am*: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> *9:30am if teaching |
| Sat 22           | Veneux/<br>At home | <i>Info: Lamrim meditation day</i> – see retreat calendar  |
| Sun 30           | Veneux/<br>At home | <b>35 Confession Buddhas purification practice</b>   |

**SEPTEMBER 2026:** Please request Zoom connection codes the day before at the latest.

|                     |                    |  |
|---------------------|--------------------|--|
| Thurs 3, 10, 17, 24 | At home            | Zoom, 7pm: “ <b>The little things that do us good</b> ” with a Buddhist nun  |
| Sun 6, 20, 27       | Veneux/<br>At home | 10.30am*: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> *9:30am if teaching |
| Sat 12–Sun 13       | Veneux/<br>At home | <b>Weekend session with study programme</b> (see details p. 4). The teachings will be translated into English and French.                        |
| Sat 26              | Veneux/<br>At home | <i>Info: Lamrim meditation day</i> – see retreat calendar  |
| Tues 29             | At home            | Zoom, 7pm: Training in <b>concentration meditation</b>   |

*The activities of the associations founded by Venerable Dagpo Rinpoche*

*The Congregation, Ganden Ling Institute, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.*

*The Buddhist Institute of the Lamrim is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Duchen.*

*The Guépèle Institute is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.*

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