Schedule of weekend sessions in Veneux

in Rinpoche's presence:

Saturday	10:00am - 12:00pm	- recitation of The Necklace of the Fortunate (Jorchoe)
	2 :00pm- 2:55pm	- méditation (concentration or Lamrim)
	3:15-5:15pm	- Lamrim teaching by Rinpoche
	5:15-6:00pm	- meditation on this teaching
Sunday	9:00-9:55am	- recitation of the Ganden Lha Gyama
	10:00am- 12:00pm	- Lamrim teaching by Rinpoche
	1:45pm- 2:05pm	- meditation on this teaching (in study program room)
	2:05pm- 4:00pm	 study program: the Basics of Buddhism & the Five Aggregates (along with an independent group and a newcomers group – both in French)
	4:10-4:15pm	- dedication
	4 :15pm	- tea, tidying up and cleaning

in Rinpoche's absence:

Saturday	10:00am - 12:00pm - recitation of <i>The Necklace of the Fortunate</i> (Jorchoe)
	 For those who attendend Lamrim retreats: meditation on the Lamrim 2:00-3:00pm - For all other participants: Sapche (The Precious Master's Instructions) study or training in concentration (in French)
	3:15-5:15pm - study program: the Basics of Buddhism & the Five Aggregates (along with an independent group and a newcomers group – both in French)
Sunday	9:00-9:55am - recitation of the Ganden Lha Gyama
	 10:00am study program: the Basics of Buddhism & the Five Aggregates 12:00pm (along with an independent group and a newcomers group – both in French)
	1:45-2:45pm - study program: with lecturers
	2:45-3:40pm - study program: without lecturers
	3:50-3:55pm - dedication
	4 :00pm - tea, tidying up and cleaning

The Institutes Need Your Help!

The Institutes depend heavily on volunteers to function. Monthly we organise a weekend to clean the buildings and grounds, so we may continue to receive people for Dharma activities under the best possible circumstances. Even if you can only spare a few hours, your help is welcome. Please remember, these tasks should be considered Dharma practices.



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE, INSTITUT BOUDDHISTE DU LAMRIM

Teachings of Venerable Dagpo Rinpoche and activities of the Institutes



January 2019 - July 2019

Updated January 6th, 2019 - recent changes: 01 60 70 39 81 or http://www.gandenling.org

Location of activities:

PARIS: FORUM, 104 rue de Vaugirard, M° Montparnasse ou Saint-Placide
- Tuesday evenings 7:00pm - 8:30pm
VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons. Access by 'Chemin de la
Passerelle' only for pedestrian.
- Thursday evening at Guépèle Ling : study groups 7:00pm - 8:00pm
- weekend sessions at Yiga Choedzin : Saturday & Sunday 10:00am - 6:00pm
- Saturday or sunday morning at Yiga Choedzin : recitation of The Necklace of the
Fortunate (Jorchoe) or The South Lineage, at 10:30am
- house cleaning and gardening, 10:00am -5:00pm, you must imperatively
register with Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for
gardening (these dates may be modified)
Note: English translation ONLY available for teachings!

JANUARY 2019				
tuesday 8	Paris	Lecture, by lecturers of the Institute, salle: Cypres		
WE 12-13	Veneux	Weekend session (see details below).		
thursday 17	Veneux	Training in concentration, by lecturers of the Institute		
saturday 19	Veneux	Gardening (imperative registration: see above)		
sunday 20	Veneux	Recitation of The Necklace of the Fortunate or The South Lineage		
tuesday 22	Paris	Study group, by lecturers of the Institute, salle: Cypres		
friday 25	Anglet- Biarritz (IKTO)	7pm : conference of Venerable Dagpo Rinpoche "How to prepare for meditation". Contact: +33 679 928 914 or +33 670 041 282 or kadamtcheulingocean@gmail.com		
sat 26, sun 27	Anglet- Biarritz (IKTO)	teaching of Venerable Dagpo Rinpoche on "The Three Principle of the Path to Enlightenment" from Je Tsongkhapa from 9 to 12am and 3 to 5pm. Contact: cf. January 25th. Teaching webcasted in french and english.		
tuesday 31	Veneux	Introduction to Buddhism, by lecturers of the Institute		
FEBRUARY 2019				
sat 2, sun 3	Bordeaux	 All day Saturday and Sunday afternoon: continuation of the teaching of Venerable Dagpo Rinpoche on 'The Seven Points of Mind Training' from Geshe Chekawa, Sunday morning: Long life ceremony for Rimpoche, Kadam Tcheuling Bordeaux's thirtieth anniversary and Losar. Teaching webcasted (fr - engl) Information on the website: www.kadamtcheuling.org 		

tuesday 5	Info	Losar -Tibetan new year		
tuesday 5	Paris	Lecture, by lecturers of the Institute, salle: Cypres		
saturday 9	Veneux	Cleaning of the Institutes (imperative registration: see above)		
sunday 10	Veneux	Info : Lamrim meditation day (imperative registration)		
thursday 14	Veneux	Training in concentration, by lecturers of the Institute		
WE 16-17	Veneux	Weekend session (see details below).		
tuesday 19	Paris	Study group, by lecturers of the Institute, room: Cypres		
WE 23-24	Veneux	Info: Purification retreat: the 35 Buddhas of Confession: imperative registration: see calendrier des retraites in French		
thursday 28	Veneux	Introduction to Buddhism, by lecturers of the Institute		
MARCH 2019				
sunday 3	Veneux	The 35 Buddhas of Confession (practice of purification and long prostrations)		
tuesday 5	Paris	Lecture, by lecturers of the Institute, room: Cypres		
WE 9-10	Hollande	Teaching by Venerable Dagpo Rinpoche on 'Training the spirit in eight stances' from Langri Thangpa Dorjé Sénggé. Information: www.kadamcholing.nl / kadamcholing@gmail.com		
thursday 14	Veneux	Training in concentration, by lecturers of the Institute		
saturday 16	Veneux	Info : non guided study, reflexion, meditation retreat about mental factors. imperative registration: guepele.retraites@gmail.com		
sunday 17	Veneux	Info : Lamrim meditation day (imperative registration)		
tuesday 19	Paris	Study group, by lecturers of the Institute, room: Cypres		
WE 23-24	Veneux	Weekend session (see details below).		
thursday 28	Veneux	Introduction to Buddhism, by lecturers of the Institute		
sunday 31	Veneux	General Assembly Guepele institut and Entraide FrancoTibétaine		
		APRIL 2019		
tuesday 2	Paris	Lecture, by lecturers of the Institute, room: Cypres		
thursday 11	Veneux	Training in concentration, by lecturers of the Institute		
saturday 13	Veneux	Lamrim retreat preparation		
sunday 14	Veneux	Recitation of The Necklace of the Fortunate or The South Lineage		
tuesday 16	Paris	Study group, by lecturers of the Institute, salle: Cypres		
saturday 13, 20	Veneux	Lamrim retreat preparation		
22 until 3 of may	Veneux	Info : Lamrim retreat (imperative registration)		
MAY 2019				
thursday 9	Veneux	Introduction to Buddhism, by lecturers of the Institute		
saturday 11	Veneux	Gardening (imperative registration: see above)		
sunday 12	Veneux	Recitation of The Necklace of the Fortunate or The South Lineage		
tuesday 14	Paris	Lecture, by lecturers of the Institute, salle: Cypres		
saturday 18	Veneux	Prayers and soutras recitation to remove obstacles		
thursday 23	Veneux	Training in concentration, by lecturers of the Institute		

WE 25-26	Veneux	Weekend session (see details below).		
tuesday 28	Paris	Study group, by lecturers of the Institute, salle: Cypres		
thursday 30	Veneux	Info: Lamrim meditation day (imperative registration)		
wen 31 to	Veneux	Info: guided introductory retreat to Buddhism (in french only). imperative		
sun 2 may		registration see retreats calendar		
JUNE 2019				
sun 2, 9	Veneux	Recitation of The Necklace of the Fortunate or The South Lineage		
thursday 6	Veneux	Introduction to Buddhism, by lecturers of the Institute		
tuesday 11	Paris	Lecture, by lecturers of the Institute, salle: Cypres		
friday 14	Monaco	Conference by Venerable Dagpo Rinpoche on 'the concentration' (to be confirmed)		
WE 15-16	Monaco	Teaching by Venerable Dagpo Rinpoche on 'the wisdom'.		
WE 15-10	Monaco	Information: +33 612 905 531, infos@iktm.fr		
thursday 20	Veneux	Training in concentration, by lecturers of the Institute		
WE 22-23	Avignon	Teaching by Venerable Dagpo Rinpoche		
		Information: +33 490 253 024, iktgga@gmail.com		
WE 22-23, 29	Veneux	Preparation for Open House Day		
tuesday 25	Paris	Study group, by lecturers of the Institute, salle: Cypres		
sunday 30	Veneux	Open House Day		
JULY 2019				
WE 6-7	Veneux	Weekend session (see details below).		
saturday 13 sunday 21	Veneux	Recitation of The Necklace of the Fortunate or The South Lineage		
sunday 14	Veneux	Info : Lamrim meditation day (imperative registration)		
friday 26 to wenesday 31	Veneux	<i>Info:</i> non guided study, reflexion, meditation retreat about mental factors. imperative registration see retreats calendar		

The activities of the associations founded by Venerable Dagpo Rinpoche

The <u>Congregation, Ganden Ling institute</u>, Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle institute at all the activities concerning them.

The <u>Buddhist Institute of the Lamrim</u> is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, practices of purification of the 35 Buddhas of Confession, Ganden Namcho, Lhabab Duchen.

The <u>Guépèle Institute</u> is an association of (French) law 1901 which organizes the monthly sessions of the study program, teachings in Paris, group studies at the Forum, rue de Vaugirard in Paris and those of Veneux - Les Sablons.

mail : guepele@gandenling.org