

Schedule of weekend sessions in Veneux

in Rinpoche's presence:

| | | |
|-----------------|-------------------|--|
| Saturday | 10:00am - 12:00pm | - recitation of <i>The Necklace of the Fortunate</i> (Jorchoe) |
| | 2:00pm- 2:55pm | - méditation (concentration or Lamrim) |
| | 3:15-5:15pm | - Lamrim teaching by Rinpoche |
| | 5:15-6:00pm | - meditation on this teaching |
| Sunday | 9:00-9:55am | - recitation of the <i>Ganden Lha Gyama</i> |
| | 10:00am- 12:00pm | - Lamrim teaching by Rinpoche |
| | 1:45pm- 2:05pm | - meditation on this teaching (in study program room) |
| | 2:05pm- 4:00pm | - study program: the Basics of Buddhism & the Five Aggregates (along with an independent group and a newcomers group – both in French) |
| | 4:10-4:15pm | - dedication |
| | 4:15pm | - tea, tidying up and cleaning |

in Rinpoche's absence:

| | | |
|-----------------|-------------------|--|
| Saturday | 10:00am - 12:00pm | - recitation of <i>The Necklace of the Fortunate</i> (Jorchoe) |
| | 2:00-3:00pm | - For those who attend Lamrim retreats: meditation on the Lamrim - For all other participants: Sapche (The Precious Master's Instructions) study or training in concentration (in French) |
| | 3:15-5:15pm | - study program: the Basics of Buddhism & the Five Aggregates (along with an independent group and a newcomers group – both in French) |
| Sunday | 9:00-9:55am | - recitation of the <i>Ganden Lha Gyama</i> |
| | 10:00am- 12:00pm | - study program: the Basics of Buddhism & the Five Aggregates (along with an independent group and a newcomers group – both in French) |
| | 1:45-2:45pm | - study program: with lecturers |
| | 2:45-3:40pm | - study program: without lecturers |
| | 3:50-3:55pm | - dedication |
| | 4:00pm | - tea, tidying up and cleaning |

The Institutes Need Your Help!

The Institutes depend heavily on volunteers to function. Monthly we organise a weekend to clean the buildings and grounds, so we may continue to receive people for Dharma activities under the best possible circumstances. Even if you can only spare a few hours, your help is welcome. Please remember, these tasks should be considered Dharma practices.



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,
INSTITUT BOUDDHISTE DU LAMRIM

**Teachings of Venerable Dago
Rinpoche and activities
of the Institutes**

February - July 2019



Updated May 23th, 2019 – recent changes: 01 60 70 39 81 or <http://www.gandenling.org>

Location of activities:

PARIS: FORUM, 104 rue de Vaugirard, M° Montparnasse ou Saint-Placide

- Tuesday evenings 7:00pm - 8:30pm

VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons. Access by 'Chemin de la Passerelle' only for pedestrian.

- Thursday evening at Guépèle Ling : study groups 7:00pm - 8:00pm

- weekend sessions at Yiga Choedzin : Saturday & Sunday 10:00am - 6:00pm

- Saturday or Sunday morning at Yiga Choedzin : recitation of *The Necklace of the Fortunate* (Jorchoe) or *The South Lineage*, at 10:30am

- house cleaning and gardening, 10:00am -5:00pm, you must **imperatively** register with Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening (these dates may be modified)

Note: English translation ONLY available for teachings!

FEBRUARY 2019

| | | |
|--------------|-------------|---|
| sat 2, sun 3 | Bordeaux | - All day Saturday and Sunday afternoon: continuation of the teaching of Venerable Dago Rinpoche on 'The Seven Points of Mind Training' from Geshe Chekawa, - Sunday morning: Long life ceremony for Rimpoche, Kadam Tcheuling Bordeaux's thirtieth anniversary and Losar. Teaching webcasted (fr - engl) Information on the website: www.kadamtcheuling.org |
| tuesday 5 | <i>Info</i> | Losar -Tibetan new year |
| tuesday 5 | Paris | Lecture, by lecturers of the Institute, salle: Cypres |
| saturday 9 | Veneux | Cleaning of the Institutes (<u>imperative</u> registration: see above) |
| sunday 10 | Veneux | <i>Info</i> : Lamrim meditation day (imperative registration) |
| thursday 14 | Veneux | Training in concentration, by lecturers of the Institute |
| WE 16-17 | Veneux | Weekend session (see details below). |
| tuesday 19 | Paris | Study group, by lecturers of the Institute, room: Cypres |
| WE 23-24 | Veneux | <i>Info</i> : Purification retreat: the 35 Buddhas of Confession: <u>imperative</u> registration: see <i>calendrier des retraites</i> in French |
| thursday 28 | Veneux | Introduction to Buddhism, by lecturers of the Institute |

MARCH 2019

| | | |
|----------|--------|---|
| sunday 3 | Veneux | The 35 Buddhas of Confession (practice of purification and long prostrations) from 10 to 12am and 2 to 5pm. |
|----------|--------|---|

| | | |
|-------------|----------|---|
| tuesday 5 | Paris | Lecture, by lecturers of the Institute, room: Cypres |
| WE 9-10 | Hollande | Teaching by Venerable Dagpo Rinpoche on 'Training the spirit in eight stances' from Langri Thangpa Dorjé Sénggé. From 9 to 12am and 3 to 5pm. Teaching translated (fr - engl), webcasted and it is possible to follow it in Yiga Tcheudzine (only french). Information: www.kadamcholing.nl / kadamcholing@gmail.com |
| thursday 14 | Veneux | Training in concentration, by lecturers of the Institute |
| saturday 16 | Veneux | <i>Info</i> : non guided study, reflexion, meditation retreat about mental factors. imperative registration: guepele.retraites@gmail.com |
| sunday 17 | Veneux | <i>Info</i> : Lamrim meditation day (imperative registration) |
| tuesday 19 | Paris | Study group, by lecturers of the Institute, room: Cypres |
| WE 23-24 | Veneux | Weekend session (see details below). |
| thursday 28 | Veneux | Introduction to Buddhism, by lecturers of the Institute |
| saturday 30 | Veneux | Recitation of <i>The six preliminary practices of the South Lineage</i> |
| sunday 31 | Veneux | General Assembly Guepele institut at 10am and Entraide FrancoTibétaine at 3pm. |

APRIL 2019

| | | |
|-------------------|--------|--|
| tuesday 2 | Paris | Lecture, by lecturers of the Institute, room: Cypres |
| thursday 11 | Veneux | Training in concentration, by lecturers of the Institute |
| saturday 13 | Veneux | Lamrim retreat preparation |
| sunday 7,14 | Veneux | Recitation of <i>The Necklace of the Fortunate</i> or <i>The South Lineage</i> |
| tuesday 16 | Paris | Study group, by lecturers of the Institute, salle: Cypres |
| saturday 13,20 | Veneux | Lamrim retreat preparation |
| 22 until 3 of may | Veneux | <i>Info</i> : Lamrim retreat (imperative registration) |

MAY 2019

| | | |
|-------------|--------|--|
| thursday 9 | Veneux | Introduction to Buddhism, by lecturers of the Institute |
| saturday 11 | Veneux | Gardening (imperative registration: see above) |
| sunday 12 | Veneux | Recitation of <i>The Necklace of the Fortunate</i> or <i>The South Lineage</i> |
| tuesday 14 | Paris | Lecture, by lecturers of the Institute, salle: Cypres |
| saturday 18 | Veneux | Teaching of Venerable Dagpo Rinpoche on « specific method to produce the Spirit of Enlightenment and take bodhisattva's vows », 9:30-12am and 3-5 pm. Recitation of The South Lineage before. Teaching webcasted (fr - engl) |
| thursday 23 | Veneux | Training in concentration, by lecturers of the Institute |
| WE 25-26 | Veneux | The weekend session initially scheduled for May 25 and 26 is canceled because of Kyabje Choktrul Ling Rinpoche's teaching in Paris . More information : lingrinpocheeurope.tilda.ws |
| tuesday 28 | Paris | Study group, by lecturers of the Institute, salle: Cypres |
| thursday 30 | Veneux | Venerable Gueshe Ane will teach on the theme: "How to control the mind in everyday life" from 10am to 12:30pm and from 3pm to 5pm. We will begin with the recitation of the Jorchoe. No English translation and no webcast. |

| | | |
|--------------------------------|---------|--|
| wen 31 to sun 2 may | Veneux | <i>Info</i> : guided introductory retreat to Buddhism (in french only). imperative registration see retreats calendar |
| JUNE 2019 | | |
| sun 2, 9 | Veneux | Recitation of <i>The Necklace of the Fortunate</i> or <i>The South Lineage</i> |
| thursday 6 | Veneux | Introduction to Buddhism, by lecturers of the Institute |
| saturday 8 | Veneux | <i>Info</i> : Lamrim meditation day (imperative registration) |
| tuesday 11 | Paris | Lecture, by lecturers of the Institute, salle: Cypres |
| friday 14 | Monaco | Conference by Venerable Dagpo Rinpoche on 'the perfection of concentration' at 7pm. Teaching translated in French and English and webcasted. <i>Info</i> : infos@iktm.fr |
| WE 15-16 | Monaco | Teaching by Venerable Dagpo Rinpoche on 'the perfection of wisdom' from 10 to 12am and 3 to 5pm. Teaching translated in French and English and webcasted. Information: +33 612 905 531, infos@iktm.fr |
| thursday 20 | Veneux | Training in concentration, by lecturers of the Institute |
| WE 22-23 | Avignon | Teaching by Venerable Dagpo Rinpoche on 'The eight worldly concerns' from 9 to 12am and 3 to 5pm. Teaching translated in French and English and webcasted. Information: +33 490 253 024, iktgga@gmail.com |
| WE 22-23, 29 | Veneux | Preparation for Open House Day |
| tuesday 25 | Paris | Study group, by lecturers of the Institute, salle: Cypres |
| sunday 30 | Veneux | Open House Day |
| JULY 2019 | | |
| WE 6-7 | Veneux | Weekend session (see details below). |
| saturday 13 sunday 21 | Veneux | Recitation of <i>The Necklace of the Fortunate</i> or <i>The South Lineage</i> |
| sunday 14 | Veneux | <i>Info</i> : Lamrim meditation day (imperative registration) |
| friday 26 to wenesday 31 | Veneux | <i>Info</i> : non guided study, reflexion, meditation retreat about mental factors. imperative registration see retreats calendar |

The activities of the associations founded by Venerable Dagpo Rinpoche

The Congregation, Ganden Ling institute, Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle institute at all the activities concerning them.

The Buddhist Institute of the Lamrim is a religious association which organizes prayers, ceremonies and Buddhist celebrations: *The Necklace of the Fortunate*, 1000 Offerings to Arya Tara, practices of purification of the 35 Buddhas of Confession, Ganden Namcho, Lhabab Duchén.

The Guépèle Institute is an association of (French) law 1901 which organizes the monthly sessions of the study program, teachings in Paris, group studies at the Forum, rue de Vaugirard in Paris and those of Veneux - Les Sablons.

mail : quepele@gandenling.org