

## Schedule for weekend sessions

### *in Rinpoche's presence:*

<b>Saturday</b>	10:00 am–midday	- recitation of <i>The Necklace of the Fortunate</i> (Jorchö)
	2:00–2:55 pm	- for those who have attended a Lamrim retreat: meditation on the Lamrim - for all other participants: independent study of <i>The Precious Master's Instructions</i> (Sapche) or training in concentration meditation (in French)
	3:15–5:15 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche
	5:15–6:00 pm	- question and answer session on the teaching in study programme groups
<b>Sunday</b>	9:00–9:55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10:00 am–midday	- Lamrim teaching given by Venerable Dagpo Rinpoche
	1:45–2:05 pm	- question and answer session on the teaching in study programme groups
	2:05–4:00 pm	- study programme session with tutor: the fundamentals of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4:10–4:15 pm	- dedication
	4:15 pm	- tea, tidying up and cleaning

### *in Rinpoche's absence:*

<b>Saturday</b>	10:00 am–midday	- recitation of <i>The Necklace of the Fortunate</i> (Jorchö)
	2:00–3:00 pm	- for those who have attended a Lamrim retreat: meditation on the Lamrim - for all other participants: independent study of <i>The Precious Master's Instructions</i> (Sapche) or training in concentration meditation (in French)
	3:15–5:15 pm	- study programme session with tutor: the fundamentals of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
<b>Sunday</b>	9:00–9:55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10:00 am–midday	- study programme session with tutor: the fundamentals of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1:45–2:45 pm	- study programme session with tutor
	2:45–3:40 pm	- study programme session without tutor
	3:50–3:55 pm	- dedication
	4:00 pm	- tea, tidying up and cleaning

## The institutes need your help!

*The institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.*



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,  
INSTITUT BOUDDHISTE DU LAMRIM

**Teachings given by Venerable Dagpo Rinpoche and other activities of the institutes**

September 2021 to January 2022



Updated 29/08/2021 – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or <http://www.gandenling.org> or @GandenLing

**Location of activities: Due to the Coronavirus epidemic, the regular meeting places indicated below may be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.**

**PARIS: FORUM 104, 104 rue de Vaugirard, Metro Montparnasse or Saint-Placide**

- Tuesday evenings: study sessions from 7:00 to 8:30 pm

**VEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons.** Access by “Chemin de la Passerelle” (only for pedestrians).

- Thursday evenings at Guépèle Ling: study sessions from 7:00 to 8:00 pm

- weekend sessions at Yiga Choedzin: Saturday & Sunday from 10:00 am to 6:00 pm

- Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10:30 am

- upkeep (cleaning and gardening) of the institutes: from 10:00 am to 5:00 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.

**NB An English translation is only available for teachings!**

**SEPTEMBER 2021: Due to the Coronavirus epidemic, activities will be done from home.**

*Please note that Zoom connection codes must be requested the day before at the latest.*

W/e 4–5	Info	The Cultural Festival of Tibet and Himalayan Peoples, the great pagoda in the Vincennes woods
Sat 11	<b>At home</b>	<i>Info:</i> Lamrim meditation day (registration essential – see retreat calendar)
Sun 12	<b>At home</b>	10:30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
W/e 18–19	<b>At home</b>	<b>Weekend session</b> (see details p. 4) <b>with study programme and Venerable Dagpo Rinpoche’s teaching on Saturday at 3:15 pm and on Sunday at 10:00 am on <i>The Quick Path lamrim</i>. The teachings will be translated in French and English and webcast on Youtube via a PRIVATE link, which will be sent a few days before.</b>
Thurs 23, 30	<b>At home</b>	<b>Zoom 7:00–7:45 pm:</b> “The little things that do us good” by a Buddhist nun
Sat 25	<b>At home</b>	<b>Zoom 10:15 am–12:30 pm &amp; 3:00–5:00 pm:</b> Study programme level IV: presentation on “grounds and paths”
Sun 26	<b>TBD</b>	<b>Organizing and setting up the institutes’ open day (depending on the evolution of the pandemic)</b>

Tues 28	At home	Zoom 7:00–7:45 pm: Training in concentration meditation
<b>OCTOBER 2021: Due to the Coronavirus epidemic, we don't yet know whether we will be able to meet in person. We will let you know as soon as possible. Please note that Zoom connection codes must be requested the day before at the latest.</b>		
Sat 2	TBD	Organizing and setting up the institutes' open day ( <i>depending on the evolution of the pandemic</i> )
Sun 3	TBD	Open day at the institutes ( <i>depending on the evolution of the pandemic</i> )
Tues 5, 19	TBD	Zoom or Forum 104 7:00–8:30 pm: Presentation or study group based on teachings given by Venerable Dagpo Rinpoche (theme to be determined)
Thurs 7, 14, 21, 28	At home	Zoom 7:00–7:45 pm: "The little things that do us good" by a Buddhist nun
Sat 9	TBD	<i>Info: Lamrim meditation day (registration essential – see retreat calendar)</i>
Sun 10, 17, 31	TBD	10:30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 12, 26	At home	Zoom 7:00–7:45 pm: Training in concentration meditation
W/e 23–24	TBD	<b>Weekend session with study programme</b> (see details p. 4)
Wed 27	Info	<i>Lhabab Duchen</i>
Sun 31	At home	Zoom 10:15 am–12:30 pm & 3:00–5:00 pm: Study programme level IV: presentation on "grounds and paths"
<b>NOVEMBER 2021: Due to the Coronavirus epidemic, we don't yet know whether we will be able to meet in person. We will let you know as soon as possible. Please note that Zoom connection codes must be requested the day before at the latest.</b>		
W/e 6–7	TBD	<i>Info: Guided retreat on the theme "mind and mental factors" (registration essential: <a href="mailto:inscriptions_retraites.guepele@gandenling.org">inscriptions_retraites.guepele@gandenling.org</a>)</i>
Tues 9, 23	TBD	Zoom or Forum 104 7:00–8:30 pm: Presentation or study group based on teachings given by Venerable Dagpo Rinpoche (theme to be determined)
Thurs 11, 18, 25	At home	Zoom 7:00–7:45 pm: "The little things that do us good" by a Buddhist nun
Sat 13	TBD	<i>Info: Lamrim meditation day (registration essential – see retreat calendar)</i>
Sun 14, 28	TBD	10:30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 16, 30	At home	Zoom 7:00–7:45 pm: Training in concentration meditation
W/e 20–21	TBD	<b>Weekend session with study programme</b> (see details p. 4)
Sat 27	At home	Zoom 10:15 am–12:30 pm & 3:00–5:00 pm: Study programme level IV: presentation on "grounds and paths"
<b>DECEMBER 2021: Due to the Coronavirus epidemic, we don't yet know whether we will be able to meet in person. We will let you know as soon as possible. Please note that Zoom connection codes must be requested the day before at the latest.</b>		
Thurs 2, 9, 16, 23	At home	Zoom 7:00–7:45 pm: "The little things that do us good" by a Buddhist nun
Sat 4	TBD	<i>Info: Lamrim meditation day (registration essential – see retreat calendar)</i>
Tues 7, 21	TBD	Zoom or Forum 104 7:00–8:30 pm: Presentation or study group based on teachings given by Venerable Dagpo Rinpoche (theme to be determined)

Sun 12	<b>TBD</b>	10:30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 14, 28	<b>At home</b>	<b>Zoom</b> 7:00–7:45 pm: Training in concentration meditation
W/e 18–19	<b>TBD</b>	Teaching given by <b>Venerable Dagpo Rinpoche</b> and prayers
Sun 26–Fri 31	<b>TBD</b>	<i>Info</i> : Study/reflection/meditation retreat on the theme “mind and mental factors” (registration essential: <a href="mailto:inscriptions_retraites.quepele@gandenling.org">inscriptions_retraites.quepele@gandenling.org</a> )
Wed 29	<b>Info</b>	Ganden Ngamchoe

**JANUARY 2022: Due to the Coronavirus epidemic, we don't yet know whether we will be able to meet in person. We will let you know as soon as possible. Please note that Zoom connection codes must be requested the day before at the latest.**

Sun 2, 9, 23, 30	<b>TBD</b>	Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> , 10:30 am
Tues 4, 18	<b>At home</b>	<b>Zoom</b> 7:00–7:45 pm: Training in concentration meditation
Thurs 6, 13, 20, 27	<b>At home</b>	<b>Zoom</b> 7:00–7:45 pm: “The little things that do us good” by a Buddhist nun
Sat 8	<b>TBD</b>	<i>Info</i> : Lamrim meditation day (registration essential – see retreat calendar)
Sun 9	<b>At home</b>	<b>Zoom</b> 10:15 am–12:30 pm & 3:00–5:00 pm: Study programme level IV: presentation on “grounds and paths”
Tues 11, 25	<b>TBD</b>	<b>Zoom or Forum 104</b> 7:00–8:30 pm: Presentation or study group based on teachings given by Venerable Dagpo Rinpoche (theme to be determined)
W/e 15–16	<b>TBD</b>	<b>Weekend session with study programme</b> (see details p. 4)

*The activities of the associations founded by Venerable Dagpo Rinpoche*

The *Congregation, Ganden Ling Institute*, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.

The *Buddhist Institute of the Lamrim* is a religious association which organizes prayers, ceremonies and Buddhist celebrations: *The Necklace of the Fortunate*, *1000 Offerings to Arya Tara*, *Purification Practices of the 35 Confession Buddhas*, *Ganden Namchö*, *Lhabab Duchén*.

The *Guépèle Institute* is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux - Les Sablons.

Email: [quepele@gandenling.org](mailto:quepele@gandenling.org)