

## Schedule for weekend sessions

### in Rinpoche's presence:

<b>Saturday</b>	10:00 am–midday	- recitation of <i>The Necklace of the Fortunate</i> (Jorchö)
	2:00–2:55 pm	- meditation on the lamrim teaching given during the last weekend session
	3:15–5:15 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche
	5:15–6:00 pm	- question and answer session on the teaching in study programme groups
<b>Sunday</b>	9:00–9:55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10:00 am–midday	- Lamrim teaching given by Venerable Dagpo Rinpoche
	1:45–2:05 pm	- question and answer session on the teaching in study programme groups
	2:05–4:00 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4:10–4:15 pm	- dedication
	4:15 pm	- tea, tidying up and cleaning

### in Rinpoche's absence:

<b>Saturday</b>	10:00 am–midday	- recitation of <i>The Necklace of the Fortunate</i> (Jorchö)
	2:00–3:00 pm	- meditation on the lamrim teaching given during the last weekend session
	3:15–5:15 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
<b>Sunday</b>	9:00–9:55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10:00 am–midday	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1:45–2:45 pm	- study programme session with tutor
	2:45–3:40 pm	- study programme session without tutor
	3:50–3:55 pm	- dedication
	4:00 pm	- tea, tidying up and cleaning

## The Institutes need your help!

*The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.*



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,  
INSTITUT BOUDDHISTE DU LAMRIM

**Teachings given by Venerable Dagpo Rinpoche and other activities of the institutes**

May 2022 to September 2022



**Updated 06/06/2022** – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or <http://www.gandenling.org> or @GandenLing

**Location of activities:** Due to the Coronavirus epidemic, the regular meeting places indicated below may be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

**PARIS: FORUM 104, 104 rue de Vaugirard, Metro Montparnasse or Saint-Placide**  
-Tuesday evenings: study sessions from 7:00 to 8:30 pm  
**VEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons.** Access by “Chemin de la Passerelle” (only for pedestrians).  
-Thursday evenings at Guépèle Ling: study sessions from 7:00 to 8:00 pm  
-Weekend sessions at Yiga Choedzin: Saturday & Sunday from 10:00 am to 6:00 pm  
-Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10:30 am  
-Upkeep (cleaning and gardening) of the institutes: from 10:00 am to 5:00 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.  
**NB An English translation is only available for teachings!**

## MAY 2022

Please request Zoom connection codes the day before at the latest.

Sun 1, 15	Veneux/ At home	10:30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
W/e 7–8	Veneux/ At home	<b>Weekend session</b> (see details p. 4) with <b>study programme</b> and <b>teaching</b> given by <b>Venerable Dagpo Rinpoche</b> on the lamrim <b>The Quick Path</b> on Saturday at 3:15 pm and Sunday at 10:00 am from Ganden Ling in Veneux. The teaching will be translated into French and English and webcast on Youtube.
Tues 10, 31	At home	Zoom 7:00–8:30 pm: “ <b>Discover the Buddha’s teaching</b> ” – presentation or study group based on teachings given by Venerable Dagpo Rinpoche <b>10 May: “Karma and reincarnation”</b> presentation and discussion (following on from 21 December) <b>31 May: “Practising in daily life”</b> with <b>Geshe Lobsang Tenzin lags</b>
Thurs 12, 19	At home	Zoom 7:00–7:45 pm: “ <b>The little things that do us good</b> ” by a Buddhist nun
Sat 14	At home	<i>Info: Lamrim meditation day</i> (reserved for Lamrim retreatants): registration essential – see retreat calendar
Sun 15	Veneux/ At home	3:00 pm: <b>General Assembly of the institutes and the Franco-Tibetan Mutual Aid Society</b>

Tues 17, 24	<b>At home</b>	Zoom 7:00–7:45 pm: Training in <b>concentration</b> meditation
Sat 21–Sun 22	<b>Veneux/ At home</b>	At the request of the institute Kadam Tcheuling Avignon, <b>Venerable Dagpo Rinpoche</b> will give a <b>teaching on the Shargom Lamrim</b> on Saturday at 3:15 pm and Sunday at 10:00 am from Ganden Ling in Veneux. The teaching will be translated into French and English and webcast on Youtube via a private link.
Sat 28–Sun 29	<b>Veneux/ At home</b>	<b>Geshe Lobsang Tenzin lags</b> will give a teaching on “ <b>Awareness and knowledge</b> ” ( <b>Lorig</b> ) from 10:00 am–midday and from 3:00–5:00 pm (times TBC)
<b>JUNE 2022</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Thurs 2, 9, 16, 23, 30	<b>At home</b>	Zoom 7:00–7:45 pm: “ <b>The little things that do us good</b> ” by a Buddhist nun
Sun 5	<b>Veneux</b>	<b>Preparation for the Institutes’ open day</b>
Tues 7, 21	<b>At home</b>	Zoom 7:00–8:30 pm: “ <b>Discover the Buddha’s teaching</b> ” – presentation or study group based on teachings given by Venerable Dagpo Rinpoche <b>7 June: Question-and-answer session</b> <b>21 June: Feedback on the year, ideas for 2022–2023</b>
Fri 10, Sat 11	<b>Veneux</b>	<b>Preparation for the Institutes’ open day</b>
Sun 12	<b>Veneux/ Webcast</b>	<b>Open day</b> from 10:00 am to 6:00 pm in the grounds of Yiga Tcheudzine: -4:00 pm: Public talk given by <b>Venerable Dagpo Rinpoche</b> on the theme “ <b>How to deal with difficult situations</b> ” -11:00 am: Public talk given by <b>Venerable Marie-Stella Boussemart</b> on the theme “ <b>How is other people’s experience useful to us?</b> ” And numerous other activities throughout the day: -Handicraft stalls -Exhibition on symbols in Buddhism -Children’s yoga workshop -Tibetan calligraphy -Tibetan momos and tea, sweet and savoury treats
Tues 14	<b>Info</b>	<b>Saka Dawa</b>
W/e 18–19	<b>Veneux/ At home</b>	<b>Weekend session</b> (see details p. 4) with <b>study programme</b> and <b>teaching</b> given by <b>Venerable Dagpo Rinpoche</b> on the lamrim <b>The Quick Path</b> on Saturday at 3:15 pm and Sunday at 10:00 am from Ganden Ling in Veneux. The teaching will be translated into French and English and webcast on Youtube.
Sat 25	<b>At home</b>	<b>Info: Lamrim meditation day</b> (reserved for Lamrim retreatants): registration essential – see retreat calendar
Sun 26	<b>Veneux/ At home</b>	10:30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
Tues 28	<b>At home</b>	Zoom 7:00–7:45 pm: Training in <b>concentration</b> meditation

<b>JULY 2022</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Sat 2–Sun 3	<b>Veneux</b>	<b>1000 offerings to Arya Tara ritual</b>
Sun 10, 17	<b>Veneux/ At home</b>	10:30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
Thurs 14	<b>Veneux/ At home</b>	<b>Geshe Lobsang Tenzin lags</b> will continue his teaching on “ <b>Awareness and knowledge</b> ” ( <b>Lorig</b> ) from 10 am–12 noon and from 3–5 pm (times TBC)
from Tues 19 to Thurs 28	<b>Veneux/ At home</b>	<b>Info: Great Lamrim retreat</b> from the evening of 19 July to midday on 28 July (reserved for Lamrim retreatants – registration essential)
<b>AUGUST 2022</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Mon 1	<b>Info</b>	<b>Chökhör Düchen</b>
Sun 7, 14, 21, 28	<b>Veneux/ At home</b>	10:30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> At Yiga Tcheudzine with protective measures observed (distancing, mask, gel, etc.)
Sat 20	<b>At home</b>	<b>Info: Lamrim meditation day</b> (reserved for Lamrim retreatants): registration essential – see retreat calendar
<b>SEPTEMBER 2022</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
W/e 17–18	<b>Veneux/ At home</b>	<b>Weekend session</b> (see details p. 4) with <b>study programme</b> and <b>teaching</b> given by <b>Venerable Dagpo Rinpoche</b> on the lamrim <b>The Quick Path</b> on Saturday at 3:15 pm and Sunday at 10:00 am from Ganden Ling in Veneux. The teaching will be translated into French and English and webcast on Youtube.

<i>The activities of the associations founded by Venerable Dagpo Rinpoche</i>		
<p>The <u>Congregation, Ganden Ling Institute</u>, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.</p> <p>The <u>Buddhist Institute of the Lamrim</u> is a religious association which organizes prayers, ceremonies and Buddhist celebrations: <i>The Necklace of the Fortunate</i>, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Duchen.</p> <p>The <u>Guépèle Institute</u> is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.</p>		
Email: <a href="mailto:guepele@gandenling.org">guepele@gandenling.org</a>		