#### Schedule for weekend sessions

### in Rinpoche's presence:

Saturday	10:00 am- midday	- recitation of The Necklace of the Fortunate (Jorchö)
	2:00-2:55 pm	- personal study/recapitulative meditation/reflection on the previous teachings
	3:15-5:15 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche
	5:15-6:00 pm	- question and answer session on the teaching in study programme groups
Sunday	9:00–9:55 am	- recitation of the Ganden Lha Gyama
	10:00 am- midday	- Lamrim teaching given by Venerable Dagpo Rinpoche
	1:45-2:05 pm	- question and answer session on the teaching in study programme groups
	2:05–4:00 pm	- study programme session with tutor: the fundamentals of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4:10-4:15 pm	- dedication
	4:15 pm	- tea, tidying up and cleaning

## in Rinpoche's absence:

Saturday	10:00 am- midday	- recitation of The Necklace of the Fortunate (Jorchö)
	2:00–3:00 pm	<ul> <li>for those who have attended a Lamrim retreat: meditation on the Lamrim</li> <li>for all other participants: independent study of <i>The Precious Master's Instructions</i> (Sapche) or training in concentration meditation (in French)</li> </ul>
	3:15–5:15 pm	- study programme session with tutor: the fundamentals of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
Sunday	9:00–9:55 am	- recitation of the Ganden Lha Gyama
	10:00 am– midday	- study programme session with tutor: the fundamentals of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1:45-2:45 pm	- study programme session with tutor
	2:45-3:40 pm	- study programme session without tutor
	3:50-3:55 pm	- dedication
	4:00 pm	- tea, tidying up and cleaning

## The institutes need your help!

The institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.



## INSTITUT GANDEN LING, INSTITUT GUÉPÈLE, INSTITUT BOUDDHISTE DU LAMRIM

## Teachings given by Venerable Dagpo Rinpoche and other activities of the institutes



March to August 2021

*Updated 26/05/2021* – Please note that the schedule is subject to change. For the most recent updates: **01 60 70 39 81** (answering machine) or <a href="http://www.gandenling.org">http://www.gandenling.org</a> or @GandenLing

Location of activities: Due to the Coronavirus epidemic, the regular meeting places indicated below may be replaced by a videoconference via Zoom or an activity done from home. Please consult the website or the answering machine regularly for the latest updates.

### PARIS: FORUM 104, 104 rue de Vaugirard, Metro Montparnasse or Saint-Placide

- Tuesday evenings: study groups from 7:00 to 8:30 pm

**VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons.** Access by "Chemin de la Passerelle" (only for pedestrians).

- Thursday evenings at Guépèle Ling: study groups from 7:00 to 8:00 pm
- weekend sessions at Yiga Choedzin: Saturday & Sunday from 10:00 am to 6:00 pm
- Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10:30 am
- upkeep (cleaning and gardening) of the institutes: from 10:00 am to 5:00 pm. It is <a href="mailto:imperative">imperative</a> to sign up for this beforehand please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.

NB An English translation is only available for teachings!

# MARCH 2021: Due to the Coronavirus epidemic, activities will be done from home. Please note that Zoom connection codes must be requested the day before at the latest.

T 0 40 00	At home	<b>Zoom</b> Presentation or study group on "taking refuge" based on teachings
Tues 2, 16, 30		given by Venerable Dagpo Rinpoche, 7:00–8:30 pm
Thurs 1 10	At hama	
Thurs 4, 18	At home	<b>Zoom</b> Training in concentration meditation, 7:00–7:45 pm
Sat 6	At home	<b>Zoom</b> Study programme level IV: presentation on "grounds and paths" from
Sal 0		10:15 am to 12:30 pm and from 3:00 to 5:00 pm
Sun 7, 21	At home	Recitation of The Necklace of the Fortunate or The Southern Lineage Six
		Preliminary Practices, 10:30 am
Thurs 11, 25	At home	Zoom "The little things that do us good" by a Buddhist nun, 7:00–7:45 pm
W/e 13-14	At home	Weekend session with study programme (see details p. 4)
Sat 27	At home	Info: Lamrim meditation day (registration essential – see retreat calendar)
Sun 28	At home	Zoom Confession to the 35 buddhas day
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## APRIL 2021: Due to the Coronavirus epidemic, activities will be done from home. Please note that Zoom connection codes must be requested the day before at the latest.

Thurs 1, 15 At home	<b>Zoom</b> Training in concentration meditation, 7:00–7:45	pm
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Sat 3	At home	<b>Zoom</b> Study programme level IV: presentation on "grounds and paths" from
Sat 3		10:15 am to 12:30 pm and from 3:00 to 5:00 pm
	At home	Recitation of The Necklace of the Fortunate or The Southern Lineage Six
Sun 4, 18		Preliminary Practices, 10:30 am
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Thurs 8, 22	At home	<b>Zoom</b> "The little things that do us good" by a Buddhist nun, 7:00–7:45 pm
W/e 10-11	At home	Weekend session with study programme (see details p. 4)
T 10	At home	<b>Zoom</b> Presentation or study group on "taking refuge" based on teachings
Tues 13		given by Venerable Dagpo Rinpoche, 7:00–8:30 pm
Sat 24	At home	Info: Lamrim meditation day (registration essential – see retreat calendar)

MAY 2021: Due to the Coronavirus epidemic, activities will be done from home. Please note that Zoom connection codes must be requested the day before at the latest.

20011 conflection codes must be requested the day before at the latest.		
W/e 1–2	At home	Weekend session with study programme (see details p. 4) Venerable Dagpo Rinpoche will teach on Saturday at 3:15 pm and on Sunday at 10:00 am on The Quick Path lamrim. The teachings will be translated in French and English and webcast on Youtube via a PRIVATE link, which will be sent a few days before.
Thurs 6, 20	At home	<b>Zoom</b> Training in concentration meditation, 7:00–7:45 pm
Sun 9, 16, 30	At home	Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i> , 10:30 am
Tues 11, 18	At home	<b>Zoom</b> Presentation or study group on "taking refuge" based on teachings given by Venerable Dagpo Rinpoche, 7:00–8:30 pm
Thurs 13, 27	At home	<b>Zoom</b> "The little things that do us good" by a Buddhist nun, 7:00–7:45 pm
Sat 15	At home	<b>Zoom</b> Study programme level IV: presentation on "grounds and paths" from 10:15 am to 12:30 pm and from 3:00 to 5:00 pm
Sat 22 & Sun 23	At home	At the request of the centre Kadam Tcheuling in Bordeaux: Venerable Dagpo Rinpoche will continue his teachings on <i>The Seven Points of Mind Training</i> by Geshe Chekawa on Saturday from 3:15 to 5:15 pm and Sunday from 10 am to midday. <i>The teachings will be webcast via a PRIVATE link, which will be sent a few days before.</i>
Wed 26	Info	Saka Dawa
Sat 29	At home	Info: Lamrim meditation day (registration essential – see retreat calendar)

**JUNE 2021:** Due to the Coronavirus epidemic, activities will be done from home. *Please note* that Zoom connection codes must be requested the day before at the latest.

Tues 1, 15, 29	At home	<b>Zoom</b> Presentation or study group on "taking refuge" based on teachings given by Venerable Dagpo Rinpoche, Forum 104 (room "Cyprès") or via Zoom, 7:00–8:30 pm
Thurs 3, 17	At home	<b>Zoom</b> Training in concentration meditation, 7:00–7:45 pm
W/e 5–6	At home	Weekend session with study programme (see details p. 4)
Thurs 10, 24	At home	<b>Zoom</b> "The little things that do us good" by a Buddhist nun, 7:00–7:45 pm
Sat 12	At home	<b>Zoom</b> Study programme level IV: presentation on "grounds and paths" from 10:15 am to 12:30 pm and from 3:00 to 5:00 pm
Sun 13, 27	At home	Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices, 10:30 am

Sat 19	At home	Info: Lamrim meditation day (registration essential – see retreat calendar)
Sun 20	At home	Celebration of the 25th anniversary of the institute Kadam Chöling in Holland and public talk given by <b>Venerable Dagpo Rinpoche</b> in the morning (time TBD)
Sun 27	Postop ned	The institutes' open day has been postponed until after the summer holidays.

JULY 2021: Due to the Coronavirus epidemic, we don't yet know whether we will be able to meet in person. Please note that Zoom connection codes must be requested the day before at the latest.

Thurs 1	At home	<b>Zoom</b> Training in concentration meditation, 7:00–7:45 pm	
W/e 3-4	At home	General assembly of the institutes – details coming	
Thurs 8	At home	<b>Zoom</b> "The little things that do us good" by a Buddhist nun, 7:00–7:45 pm	
Sun 11, 18, 25	TBD	Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices, 10:30 am	
Wed 14	Info	Chökhor Düchen	
Sat 17	TBD	Info: Lamrim meditation day (registration essential – see retreat calendar)	

AUGUST 2021: Due to the Coronavirus epidemic, we don't yet know whether we will be able to meet in person. Please note that Zoom connection codes must be requested the day before at the latest.

Sun 1, 15, 22,	TBD	Recitation of The Necklace of the Fortunate or The Southern Lineage Six
29		Preliminary Practices, 10:30 am
Tues 3 evening		Zoom Info: great lamrim retreat (reserved for lamrim retreatants –
till Sat 14	At home	registration essential)
midday		

### The activities of the associations founded by Venerable Dagpo Rinpoche

The <u>Congregation</u>, <u>Ganden Ling Institute</u>, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.

The <u>Buddhist Institute of the Lamrim</u> is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Duchen.

The <u>Guépèle Institute</u> is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux - Les Sablons. Email: <a href="mailto:guepele@gandenling.org">guepele@gandenling.org</a>