

## Schedule for weekend sessions

*in Rinpoche's presence:*

<b>Saturday</b>	10 am–12 pm	- recitation of <i>The Necklace of the Fortunate (Jorchö)</i>
	2–2.55 pm	- meditation on the lamrim teaching given during the last weekend session
	3.15–5.15 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche
	5.15–6 pm	- question and answer session on the teaching in study programme groups
<b>Sunday</b>	9–9.55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10 am–12 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche
	1.45–2.10 pm	- question and answer session on the teaching in study programme groups
	2.10–4:10 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4.15–4.20 pm	- dedication
	4.20 pm	- tea, tidying up and cleaning

*in Rinpoche's absence:*

<b>Saturday</b>	10 am–12 pm	- recitation of <i>The Necklace of the Fortunate (Jorchö)</i>
	2–3 pm	- meditation on the lamrim teaching given during the last weekend session
	3.15–5.15 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
<b>Sunday</b>	9–9.55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10 am–12 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1.45–2.45 pm	- study programme session with tutor
	2.45–3.40 pm	- study programme session without tutor
	3.50–3.55 pm	- dedication
	4 pm	- tea, tidying up and cleaning

### The Institutes need your help!

*The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.*



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,  
INSTITUT BOUDDHISTE DU LAMRIM

**Teachings given by Venerable Dagpo Rinpoche and other activities of the Institutes**

July 2024–January 2025



**Updated 17/10/2024 – Please note that the schedule is subject to change.** For the most recent updates: **01 60 70 39 81** (answering machine) or <http://www.gandenling.org> or @GandenLing

**Location of activities:** Face-to-face activities can sometimes be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

**VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons.** Access by “Chemin de la Passerelle” (only for pedestrians).  
-Weekend sessions at Yiga Choedzin (temple in Veneux): Saturday & Sunday from 10 am to 6 pm  
-Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10.30 am  
-Upkeep (cleaning and gardening) of the Institutes: from 10 am to 5 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.  
**NB An English translation is only available for teachings!**

**JULY 2024:** Please request Zoom connection codes the day before at the latest.

Tues 2, 9	<b>At home</b>	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
Thurs 4, 11, 18, 25	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sun 7, 14, 21	<b>Veneux/ At home</b>	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 9	<b>Info</b>	<b>Chökor Duchén</b>
Sat 13	<b>Veneux/ At home</b>	<b>Info: Lamrim meditation day</b> – see retreat calendar
Sat 27–Sun 28	<b>Veneux/ At home</b>	Teaching given by <b>Kyabje Ling Choktrul Rinpoche</b> on the text <b><i>The Thirty-seven Practices of Bodhisattvas</i></b> by Gyalse Tokme Zangpo.

**AUGUST 2024:** Please request Zoom connection codes the day before at the latest.

Sun 4, 11, 18, 25	<b>Veneux/ At home</b>	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Sat 24	<b>Veneux/ At home</b>	<b>Info: Lamrim meditation day</b> – see retreat calendar

**SEPTEMBER 2024:** Please request Zoom connection codes the day before at the latest.

Sun 1	Veneux/ At home	10 am–5 pm: <b>35 Confession Buddhas purification practice</b>
Sun 8, 22	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Sat 14–Sun 15	Veneux/ At home	<b>Weekend session with study programme.</b> <b>Saturday:</b> -9.30 am: Six Preliminary Practices followed by a <b>short teaching given by Venerable Dagpo Rinpoche</b> (TBC) -2–3.15 pm: Personal study/reflection/meditation -3.30 pm: <b>Talk given by Geshe Döndrup-la</b> on some essential Buddhist concepts <b>Sunday:</b> -9.30am: Ganden Lha Gyama followed by either a <b>short teaching given by Venerable Dagpo Rinpoche</b> or a talk by <b>Geshe Döndrup-la</b> -2 pm: Study programme  The teachings and talks will be webcast and translated into French and English.
Sat 21	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Thurs 26	<b>At home</b>	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sat 28–Sun 29	Veneux/ At home	<i>Info: Guided retreat – POSTPONED</i>

**OCTOBER 2024:** Please request Zoom connection codes the day before at the latest.

Tues 1, 15, 22	<b>At home</b>	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
Thurs 3, 10, 17, 24	<b>At home</b>	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sun 6, 20, 27	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 8, 29	<b>At home</b>	Zoom, 7–8.30 pm: <b>“Discover the Buddha’s teaching”</b>
Sat 12–Sun 13	Veneux	<b>1000 offerings to Arya Tara ritual:</b> from 10 am to around 4.30 pm both days
Sat 26	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar

**NOVEMBER 2024:** Please request Zoom connection codes the day before at the latest.

Sun 3, 17, 24	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 5, 19	<b>At home</b>	Zoom, 7–8.30 pm: <b>“Discover the Buddha’s teaching”</b>
Thurs 7, 14, 21, 28	<b>At home</b>	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sat 9–Sun 10	Veneux/ At home	<b>Weekend session with study programme</b> (see details p. 4). Further details to come.
Tues 12, 26	<b>At home</b>	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
Fri 22	<b>Info</b>	<b>Lhabab Duchen</b>
Sat 23	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar

**DECEMBER 2024:** Please request Zoom connection codes the day before at the latest.

Sun 1, 8, 22	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 3, 17	<b>At home</b>	Zoom, 7–8.30 pm: <b>“Discover the Buddha’s teaching”</b>
Thurs 5, 12, 19	<b>At home</b>	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sat 7	Veneux	10 am–7 pm: <b>Christmas sale</b>
Tues 10, 24	<b>At home</b>	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
Sat 14–Sun 15	Veneux/ At home	<b>Weekend session with study programme</b> (see details p. 4). Further details to come.
Sat 21	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Wed 25	<b>Info</b>	<b>Ganden Ngamchoe</b>
Thurs 26–Tues 31	Veneux/ At home	<i>Info: Unguided learning/reflection/meditation retreat</i> on mental factors – TBC

**JANUARY 2025:** Please request Zoom connection codes the day before at the latest.

Sun 5, 19, 26	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 7, 21	<b>At home</b>	Zoom, 7–8.30 pm: <b>“Discover the Buddha’s teaching”</b>
Thurs 9, 16, 23, 30	<b>At home</b>	Zoom, 7–8.00 pm: <b>“The little things that do us good”</b> with a Buddhist nun
Sat 11–Sun 12	Veneux/ At home	<b>Weekend session with study programme</b> (see details p. 4). Further details to come.
Tues 14, 28	<b>At home</b>	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>
Sat 25	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar

*The activities of the associations founded by Venerable Dagpo Rinpoche*

*The Congregation, Ganden Ling Institute, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.*

*The Buddhist Institute of the Lamrim is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Duchen.*

*The Guépèle Institute is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.*

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