

## Schedule for weekend sessions

### in Rinpoche's presence:

<b>Saturday</b>	10.00 am–12.00 pm	- Recitation of The Necklace of the Fortunate (Jorchö)
	2.00–4.00 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4.15–5.45 pm	- Teaching given by Geshe Lobsang Tenzin Ia on the <i>Bodhicaryâvatâra (A Guide to the Bodhisattva's Way of Life)</i> by Shantideva
<b>Sunday</b>	10.00–10.45 am	- Recitation of the Ganden Lha Gyama
	10.55 am–12.15 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche*
	1.45–2.10 pm	- Question and answer session on the teaching or independent meditation
	2.10–4:10 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4.15–4.20 pm	- Dedication
	4.20 pm	- Tea, tidying up and cleaning

\*Rinpoche's health permitting

### in Rinpoche's absence:

<b>Saturday</b>	10.00 am–12.00 pm	- Recitation of <i>The Necklace of the Fortunate (Jorchö)</i>
	2.00–3.00 pm	- Meditation on the lamrim or concentration meditation
	3.15–5.15 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
<b>Sunday</b>	9.00–9.45 am	- Recitation of the <i>Ganden Lha Gyama</i>
	10.00 am–12.00 pm	- Study programme session with tutor: The basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1.45–2.45 pm	- Study programme session with tutor
	2.45–3.40 pm	- Study programme session without tutor
	3.50–3.55 pm	- Dedication
	4.00 pm	- Tea, tidying up and cleaning

## The Institutes need your help!

*The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.*



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,  
INSTITUT BOUDDHISTE DU LAMRIM

Teachings given by Venerable Dagpo Rinpoche and other activities of the Institutes

January–July 2026



**Updated 28/02/2026 – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or <http://www.gandenling.org> or @GandenLing**

**Location of activities:** Face-to-face activities can sometimes be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

**VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons.** Access by “Chemin de la Passerelle” (only for pedestrians).  
-Weekend sessions at Yiga Choedzin (temple in Veneux): Saturday & Sunday from 10 am to 6 pm  
-Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10.30 am  
-Upkeep (cleaning and gardening) of the Institutes: from 10 am to 5 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.  
**PARIS: Forum 104, 104 rue de Vaugirard, Paris 6th**  
**NB An English translation is only available for teachings!**

**JANUARY 2026:** Please request Zoom connection codes the day before at the latest.

Sat 3	Veneux/ At home	Info: <b>Lamrim meditation day</b> – see retreat calendar
Sun 4, 18, 25	Veneux/ At home	10.30 am: <b>Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices</b>
Tues 6, 20	At home	Zoom, 7–8.30 pm: “ <b>Discover the Buddha's teaching</b> ”
Thurs 8, 15, 22, 29	At home	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sat 10–Sun 11	Veneux/ At home	<b>Weekend session with study programme</b> (see details p. 4). The teachings will be translated into English and French.
Tues 13, 27	At home	Zoom, 7–8.00 pm: Training in <b>concentration meditation</b>
Wed 14	At home	Zoom, 7.15 pm: Session on the <b>six preliminary practices</b>
Sat 24	Veneux/ At home	Info: <b>Lamrim meditation day</b> – see retreat calendar
Sun 25	Veneux/ At home	11 am: <b>Teaching given by Venerable Dagpo Rinpoche on his commentary of the Uttaratantra.</b> Translated into English and French and webcast.

**FEBRUARY 2026:** Please request Zoom connection codes the day before at the latest.

Sun 1, 15, 22	Veneux/ At home	10.30 am: <b>Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices</b>
Tues 3, 17	At home	Zoom, 7–8.30 pm: “ <b>Discover the Buddha's teaching</b> ”

Thurs 5	<b>Forum104 Paris</b>	7pm: <b>Conference</b> on “How can we give our life meaning?” by Marie-Stella Boussemart at Forum104, salle Olivier.
Sat 7–Sun 8	<b>Veneux/ At home</b>	<b>Weekend session with study programme</b> (see details p. 4). The teachings will be translated into English and French.
Tues 10, 24	<b>At home</b>	Zoom, 7–8.00 pm: Training in <b>concentration meditation</b>
Thurs 12, 19, 26	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sun 15	<b>Veneux</b>	Preparation for Losar (Tibetan new year)
Wed 18	<b>Info</b>	<b>Losar</b> (Tibetan new year)
Sat 21	<b>Veneux/ At home</b>	<i>Info: Lamrim meditation day</i> – see retreat calendar
Sun 22	<b>Veneux/ At home</b>	11 am: <b>Teaching given by Venerable Dagpo Rinpoche on his commentary of the Uttaratantra</b> . Translated into English and French and webcast.
Sun 22	<b>Veneux</b>	12.15 pm: <b>Losar celebration</b> (Tibetan new year)
Wed 25	<b>At home</b>	Zoom, 7.15 pm: Introduction to the <b>six preliminary practices</b>
<b>MARCH 2026:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Sun 1, 8, 22	<b>Veneux/ At home</b>	10.30 am: <b>Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices</b>
Tues 3, 17	<b>At home</b>	Zoom, 7–8.30 pm: “ <b>Discover the Buddha’s teaching</b> ”
Thurs 5, 12, 19, 26	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Tues 10, 24, 31	<b>At home</b>	Zoom, 7–8.00 pm: Training in <b>concentration meditation</b>
Sat 14–Sun 15	<b>Veneux/ At home</b>	<b>Weekend session with study programme</b> (see details p. 4). The teachings will be translated into English and French.
Wed 18	<b>At home</b>	Zoom, 7.15 pm: Introduction to the <b>six preliminary practices</b>
Sat 21	<b>Veneux</b>	Teaching given by <b>Sharpa Chöje Ngawang Jörden Rinpoche</b> on <b>The Three Principles of the Path</b> from 10.15 am to 12 pm and 3 to 5 pm (schedule TBC). The teaching will be translated into French.
Sat 28–Sun 29	<b>Veneux</b>	<i>Info: Purification retreat</i> – see retreat calendar
<b>APRIL 2026:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Thurs 2, 9, 16	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sun 5, 19	<b>Veneux/ At home</b>	10.30 am: <b>Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices</b>
Tues 7, 21	<b>At home</b>	Zoom, 7–8.30 pm: “ <b>Discover the Buddha’s teaching</b> ”
Sat 11	<b>Veneux</b>	3.30 pm: General meeting – Guépèle Institute (reception from 2.30 pm)
Sun 12	<b>Veneux/ At home</b>	<b>35 Confession Buddhas purification practice</b>
Tues 14	<b>At home</b>	Zoom, 7–8.00 pm: Training in <b>concentration meditation</b>
Wed 15	<b>At home</b>	Zoom, 7.15 pm: Introduction to the <b>six preliminary practices</b>
Fri 24–Sun 3 May	<b>Veneux/ At home</b>	<i>Info: Great lamrim retreat</i> from Friday, 24 April (evening) to Sunday, 3 May (afternoon). Reserved for lamrim retreatants – registration required
<b>MAY 2026:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Tues 5, 19	<b>At home</b>	Zoom, 7–8.30 pm: “ <b>Discover the Buddha’s teaching</b> ”
Thurs 7, 14, 21, 28	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sun 10, 17	<b>Veneux/ At home</b>	10.30 am: <b>Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices</b>

Tues 12, 26	<b>At home</b>	Zoom, 7–8.00 pm: Training in <b>concentration meditation</b>
Sat 23–Sun 24	<b>Veneux/ At home</b>	<b>Weekend session with study programme</b> (see details p. 4). The teachings will be translated into English and French.
Sat 30	<b>Veneux/ At home</b>	<i>Info: Lamrim meditation day</i> – see retreat calendar
Sat 30–Sun 31	<b>Paris</b>	<b>Vesak celebration</b> (UBF)
<b>JUNE 2026:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Tues 2, 16	<b>At home</b>	Zoom, 7–8.30 pm: “ <b>Discover the Buddha’s teaching</b> ”
Thurs 4, 11, 18, 25	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sun 7, 21	<b>Veneux/ At home</b>	10.30 am: <b>Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices</b>
Tues 9, 23, 30	<b>At home</b>	Zoom, 7–8.00 pm: Training in <b>concentration meditation</b>
Fri 12, Sat 13	<b>Veneux</b>	Preparation for open day.
Sun 14	<b>Veneux</b>	10 am–6 pm: <b>Open day</b>
Sat 20–Sun 21	<b>Veneux</b>	<b>Kyabje Ling Chokrul Rinpoche</b> will give a teaching on <b>The Thirty-Seven Practices of a Bodhisattva</b> by Gyalse Thokme Zangpo and bestow an <b>Amitayus long life initiation</b> (schedule to come).
Sat 27	<b>Veneux/ At home</b>	<i>Info: Lamrim meditation day</i> – see retreat calendar
<b>JULY 2026:</b> <i>Please request Zoom connection codes the day before at the latest.</i>		
Thurs 2, 9	<b>At home</b>	Zoom, 7–8.00 pm: “ <b>The little things that do us good</b> ” with a Buddhist nun
Sat 4–Sun 5	<b>Veneux/ At home</b>	<b>Weekend session with study programme</b> (see details p. 4). The teachings will be translated into English and French.
Sun 12, 19, 26	<b>Veneux/ At home</b>	10.30 am: <b>Recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices</b>
Tues 7	<b>At home</b>	Zoom, 7–8.00 pm: Training in <b>concentration meditation</b>
Sat 18	<b>Veneux/ At home</b>	<i>Info: Lamrim meditation day</i> – see retreat calendar
Sat 18	<b>Info</b>	<b>Chökhör Düchen</b>

*The activities of the associations founded by Venerable Dagpo Rinpoche*

*The Congregation, Ganden Ling Institute, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.*

*The Buddhist Institute of the Lamrim is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Duchén.*

*The Guépèle Institute is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.*

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