

Schedule for weekend sessions

in Rinpoche's presence:

Saturday	9.30–11 am	- recitation of The Necklace of the Fortunate (Jorchö)
	11 am–12pm	- Lamrim teaching given by Venerable Dagpo Rinpoche*
	2–2.45 pm	- study/reflection/meditation on the lamrim or welcome group
	3–5 pm	- teaching given by Geshe Lobsang Tenzin la
	5.05–6 pm	- question and answer session on the teachings or independent meditation
Sunday	10–10.55 am	- recitation of the Ganden Lha Gyama
	11 am–12 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche*
	1.45–2.10 pm	- question and answer session on the teaching or independent meditation
	2.10–4:10 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	4.15–4.20 pm	- dedication
	4.20 pm	- tea, tidying up and cleaning

*Rinpoche's health permitting

in Rinpoche's absence:

Saturday	10 am–12 pm	- recitation of <i>The Necklace of the Fortunate (Jorchö)</i>
	2–3 pm	- meditation on the lamrim or concentration meditation
	3.15–5.15 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
Sunday	9–9.55 am	- recitation of the <i>Ganden Lha Gyama</i>
	10 am–12 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1.45–2.45 pm	- study programme session with tutor
	2.45–3.40 pm	- study programme session without tutor
	3.50–3.55 pm	- dedication
	4 pm	- tea, tidying up and cleaning

The Institutes need your help!

The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.



INSTITUT GANDEN LING, INSTITUT GUÉPÈLE,
INSTITUT BOUDDHISTE DU LAMRIM

Teachings given by Venerable Dagpo Rinpoche and other activities of the Institutes

January–August 2025



Updated 16/01/2025 – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or <http://www.gandenling.org> or @GandenLing

Location of activities: Face-to-face activities can sometimes be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

ENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons. Access by “Chemin de la Passerelle” (only for pedestrians).
-Weekend sessions at Yiga Choedzin (temple in Veneux): Saturday & Sunday from 10 am to 6 pm
-Saturday or Sunday morning at Yiga Choedzin: recitation of *The Necklace of the Fortunate* or *The Southern Lineage Six Preliminary Practices* at 10.30 am
-Upkeep (cleaning and gardening) of the Institutes: from 10 am to 5 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.
NB An English translation is only available for teachings!

JANUARY 2025: Please request Zoom connection codes the day before at the latest.

Sun 5, 19, 26	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 7, 21	At home	Zoom, 7–8.30 pm: “ Discover the Buddha's teaching ”
Thurs 9, 16, 23, 30	At home	Zoom, 7–8.00 pm: “ The little things that do us good ” with a Buddhist nun
Sat 11–Sun 12	Veneux/ At home	Weekend session with study programme (see details p. 4). -Saturday, 11 am–12pm: teaching given by Venerable Dagpo Rinpoche from Ganden Ling on <i>The Three Principles of the Path</i> by Jé Tsongkhapa -Saturday, 3–5 pm: teaching given by Geshe Lobsang Tenzin la at Yiga Tcheudzine on the <i>Bodhicaryāvatāra (A Guide to the Bodhisattva's Way of Life)</i> by Shantideva -Sunday, 11am–12 pm: teaching given by Venerable Dagpo Rinpoche on <i>Shargom Lamrim - The Lamrim for Overview Meditation</i> by Dorjéchang Losang Jinpa The teachings will be webcast and translated into French and English.
Tues 14, 28	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 25	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar

FEBRUARY 2025: Please request Zoom connection codes the day before at the latest.

Sun 2, 9, 23	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 4, 18	At home	Zoom, 7–8.30 pm: “ Discover the Buddha's teaching ”

Thurs 6, 13, 20, 27	At home	Zoom, 7–8.00 pm: “ The little things that do us good ” with a Buddhist nun
Tues 11, 25	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 15–Sun 16	Veneux/ At home	Weekend session with study programme (see details p. 4). Further details to come.
Fri 28	Info	Losar

MARCH 2025: *Please request Zoom connection codes the day before at the latest.*

Sat 1	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Sun 2, 9, 23, 30	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 4, 18	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ”
Thurs 6, 13, 20, 27	At home	Zoom, 7–8.00 pm: “ The little things that do us good ” with a Buddhist nun
Tues 11, 25	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 15–Sun 16	Veneux/ At home	Weekend session with study programme (see details p. 4). Further details to come.
Sat 29	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar

APRIL 2025: *Please request Zoom connection codes the day before at the latest.*

Tues 1, 15	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ”
Thurs 3, 10, 17	At home	Zoom, 7–8.00 pm: “ The little things that do us good ” with a Buddhist nun
Sat 5	Veneux/ At home	3.30 pm: Annual General Meeting – Institut Guépèle (reception from 2.30 pm)
Sun 6	Veneux/ At home	35 Confession Buddhas purification practice
Tues 8, 29	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sun 13	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Fri 18–Sun 27	Veneux/ At home	<i>Info: Great lamrim retreat</i> – from the evening of Friday 18 to midday on Sunday 27 (reserved for lamrim retreatants – registration required)

MAY 2025: *Please request Zoom connection codes the day before at the latest.*

Thurs 1, 8, 15, 22, 29	At home	Zoom, 7–8.00 pm: “ The little things that do us good ” with a Buddhist nun
Sun 4, 11	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 6, 20	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ”
Tues 13, 27	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Sat 17	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Sun 18	Paris	Vesak celebration: UBF – the Great Pagoda, Bois de Vincennes
Sat 24–Sun 25	Veneux/ At home	Weekend session with study programme (see details p. 4). Further details to come.

JUNE 2025: *Please request Zoom connection codes the day before at the latest.*

Sun 1, 8, 22	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Tues 3, 17	At home	Zoom, 7–8.30 pm: “ Discover the Buddha’s teaching ”

Thurs 5, 12, 19, 26	At home	Zoom, 7–8.00 pm: “ The little things that do us good ” with a Buddhist nun
Sat 7	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar
Tues 10, 24	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Thurs 12–Sat 14	Veneux	Preparation for Open Day
Sun 15	Veneux	10 am–6 pm: Open Day at the Institutes
Sat 28–Sun 29	Veneux/ At home	Weekend session with study programme (see details p. 4). Further details to come.

JULY 2025: *Please request Zoom connection codes the day before at the latest.*

Tues 1, 8	At home	Zoom, 7–7.45 pm: Training in concentration meditation
Thurs 3, 10	At home	Zoom, 7–8.00 pm: “ The little things that do us good ” with a Buddhist nun
Sun 6, 13, 20, 27	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Sat 19	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar

AUGUST 2025: *Please request Zoom connection codes the day before at the latest.*

Sun 3, 10, 17, 24, 31	Veneux/ At home	10.30 am: Recitation of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>
Sat 23	Veneux/ At home	<i>Info: Lamrim meditation day</i> – see retreat calendar

The activities of the associations founded by Venerable Dagpo Rinpoche

The Congregation, Ganden Ling Institute, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.

The Buddhist Institute of the Lamrim is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Duchen.

The Guépèle Institute is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.

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