#### Schedule for weekend sessions

### in Rinpoche's presence:

Saturday	10 am-midday	- recitation of The Necklace of the Fortunate (Jorchö)
	2–2.55 pm	- meditation on the lamrim teaching given during the last weekend session
	3.15–5.15 pm	- Lamrim teaching given by Venerable Dagpo Rinpoche
	5.15–6 pm	- question and answer session on the teaching in study programme groups
Sunday	9–9.55 am	- recitation of the Ganden Lha Gyama
	10 am-midday	- Lamrim teaching given by Venerable Dagpo Rinpoche
	1.45-2.10 pm	- question and answer session on the teaching in study programme groups
	2.10–4:10 pm	- study programme session with tutor: the basics of Buddhism & the five aggregates or study/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
4.15-4.20 pm		- dedication
	4.20 pm	- tea, tidying up and cleaning

### in Rinpoche's absence:

Saturday	10 am-midday	- recitation of The Necklace of the Fortunate (Jorchö)
	2–3 pm	- meditation on the lamrim teaching given during the last weekend session
	3.15–5.15 pm	<ul> <li>study programme session with tutor: the basics of Buddhism &amp; the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.</li> </ul>
Sunday	9–9.55 am	- recitation of the Ganden Lha Gyama
	10 am–midday	- study programme session with tutor: the basics of Buddhism & the five aggregates or learning/reflection/meditation. There is also an independent group session and a session for newcomers – both in French.
	1.45-2.45 pm	- study programme session with tutor
	2.45-3.40 pm	- study programme session without tutor
	3.50-3.55 pm	- dedication
	4 pm	- tea, tidying up and cleaning

# The Institutes need your help!

The Institutes depend heavily on volunteers to function. Once a month, we organize a weekend for the upkeep of the buildings and grounds so we can continue to receive people for Dharma activities in the best possible conditions. Even if you can only spare a few hours, your help is very welcome. Please remember that participating in this type of activity should be thought of as Dharma practice.



### INSTITUT GANDEN LING, INSTITUT GUÉPÈLE, INSTITUT BOUDDHISTE DU LAMRIM

## Teachings given by Venerable Dagpo Rinpoche and other activities of the Institutes



February-July 2024

Updated 11/03/2024 – Please note that the schedule is subject to change. For the most recent updates: 01 60 70 39 81 (answering machine) or http://www.gandenling.org or @GandenLing

Location of activities: Face-to-face activities can sometimes be replaced by a videoconference via Zoom or an activity done independently from home. Please consult the website or the answering machine regularly for the latest updates.

VENEUX: 34bis rue du Viaduc, 77250 Veneux-Les Sablons. Access by "Chemin de la Passerelle" (only for pedestrians).

- -Weekend sessions at Yiga Choedzin (temple in Veneux): Saturday & Sunday from 10 am to 6 pm -Saturday or Sunday morning at Yiga Choedzin: recitation of The Necklace of the Fortunate or The Southern Lineage Six Preliminary Practices at 10.30 am
- -Upkeep (cleaning and gardening) of the Institutes: from 10 am to 5 pm. It is **imperative** to sign up for this beforehand – please contact Ivan (06 07 66 92 94) for cleaning and Sophie (06 10 55 22 74) for gardening. Please note that dates may be modified according to the number of participants.

NB An English translation is only available for teachings!

FEBRUARY 2024
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	Please request Zoom connection codes the day before at the latest.					
Thurs 1, 8, 15, 22, 29	At home	Zoom, 7–7.45 pm: "The little things that do us good" with a Buddhist nun				
Sat 3	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar				
Sun 4, 11, 25	Veneux/	10.30 am: Recitation of The Necklace of the Fortunate or The Southern				
Sull 4, 11, 25	At home	Lineage Six Preliminary Practices				
Tues 6, 20	At home	Zoom, 7–7.45 pm: Training in concentration meditation				
Sat 10	Veneux/	Celebration of Losar at Yiga Tcheudzine and over Zoom. Details coming				
Sat 10	At home	soon.				
Tues 13, 27	At home	Zoom, 7–8.30 pm: "Discover the Buddha's teaching"				
Sat 17–Sun 18	Veneux/ At home	Weekend session (see details p. 4) with study programme and teaching given by Venerable Dagpo Rinpoche from Veneux on Saturday at 3.15 pm on the lamrim The Quick Path and Sunday at 10 am on The Bodhisattva Vajradhara's Unmistaken Instructions for Generating Great Beings' Bodhicitta Including the Vow-taking Ceremony by Dagpo Tangdhar Kalsang Tenpe Gyaltsen at the request of Jamyang London Buddhist Centre The teaching will be translated into French and English and webcast.				

MARCH 2024					
Please request Zoom connection codes the day before at the latest.					
Sat 2–Sun 3	Veneux/	Info: Purification retreat – 35 Confession Buddhas practice			
	At home	Registration required: gandenling.retraites@gmail.com			
Tues 5, 19	At home	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>			
Thurs 7, 21, 28		Zoom, 7–7.45 pm: "The little things that do us good" with a Buddhist nun			
Sat 9	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar			
Sun 10, 31	Veneux/	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern</i>			
	At home	Lineage Six Preliminary Practices			
Tues 12, 26	At home	Zoom, 7–8.30 pm: "Discover the Buddha's teaching"			
Sat 16–Sun 17	Veneux/ At home	Weekend session (see details p. 4) with study programme and teaching given by Venerable Dagpo Rinpoche on Saturday at 3.15 pm and Sunday at 10 am on The Bodhisattva Vajradhara's Unmistaken Instructions for Generating Great Beings' Bodhicitta Including the Vow-taking Ceremony by Dagpo Tangdhar Kalsang Tenpe Gyaltsen at the request of Jamyang London Buddhist Centre. The teaching will be translated into French and English and webcast.			
Sat 23	Veneux	Annual General Meeting of Institut Guépèle at 3.30 pm (reception from 2.30)			
Sun 24	Sun 24 Veneux/ At home 35 Confession Buddhas purification practice (10am to				
		APRIL 2024			
	Please r	request Zoom connection codes the day before at the latest.			
Tues 2, 23	At home Zoom, 7–7.45 pm: Training in concentration meditation				
Thurs 4	At home	Zoom, 7–7.45 pm: "The little things that do us good" with a Buddhist nun			
Sun 7, 28	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>			
Fri 12–Sun 21	Veneux/ At home	Info: Great lamrim retreat from the evening of Friday 12th to midday on Sunday 21st (reserved for lamrim retreatants – registration required)			
Tues 30	Zoom, 7–8.30 pm: "Discover the Buddha's teaching"				
		MAY 2024			
Please request Zoom connection codes the day before at the latest.					
Thurs 2, 16, 23, 30	At home	Zoom, 7–7.45 pm: "The little things that do us good" with a Buddhist nun			
Sun 5, 12, 26	Veneux/	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern</i>			
	At home	Lineage Six Preliminary Practices			
Tues 7, 21	At home	Zoom, 7–7.45 pm: Training in concentration meditation			
Sat 11	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar			
Tues 14, 28	At home	Zoom, 7–8.30 pm: "Discover the Buddha's teaching"			
Sat 18–Sun 19	Veneux/ At home	Weekend session (see details p. 4) with study programme and teaching given by Venerable Dagpo Rinpoche on Saturday at 3.15 pm and Sunday at 10 am. The teaching will be translated into French and English and webcast.			
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Please request Zoom connection codes the day before at the latest.

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	Sun 2	Info	Vesak UBF, The Great Pagoda, Bois de Vincennes					
	Tues 4,18	At home	Zoom, 7–7.45 pm: Training in concentration meditation					
	Thurs 6, 13, 20, 27	At home	Zoom, 7–7.45 pm: "The little things that do us good" with a Buddhist nun					
	Sat 8–Sun 9	Veneux/ At home	Weekend session (see details p. 4) with study programme and teaching given by Venerable Dagpo Rinpoche on Saturday at 3.15 pm and Sunday at 10 am. The teaching will be translated into French and English and webcast.					
	Tues 11, 25	At home	Zoom, 7–8.30 pm: "Discover the Buddha's teaching"					
	Sat 15	Veneux/ At home	Info: Lamrim meditation day – see retreat calendar					
	Sun 16	Veneux/ At home	10.30 am: <b>Recitation</b> of <i>The Necklace of the Fortunate</i> or <i>The Southern Lineage Six Preliminary Practices</i>					
	Thurs 20–Sat 22	Veneux	Preparing for Open Day					
	Sun 23	Veneux/ At home	Open Day from 10 am to 6 pm					
	Sat 29–Sun 30	Veneux/ At home	Teaching given by <b>Geshe Ane lags</b> of Dagpo Dratsang monastery					

## **JULY 2024**

Please request Zoom connection codes the day before at the latest.

Tues 2, 9	At home	Zoom, 7–7.45 pm: Training in <b>concentration meditation</b>				
Tues 9	Info	Chökor Duchen				
Sun 7, 14, 21,	Veneux/	10.30 am: Recitation of The Necklace of the Fortunate or The Southern				
28	At home	Lineage Six Preliminary Practices				
Sat 13	Veneux/	Info: Lamrim meditation day – see retreat calendar				
Sal 13	At home	). Laminin meditation day – see retreat calendar				
Sat 27–Sun 28	Veneux/	Teaching given by Kyabje Ling Choktrul Rinpoche on the text The Thirty-				
3at 21-3uii 20	At home	seven Practices of Bodhisattvas by Gyalse Tokme Zangpo				

The activities of the associations founded by Venerable Dagpo Rinpoche

The <u>Congregation</u>, <u>Ganden Ling Institute</u>, a Buddhist religious congregation, works in association with the Buddhist Institute of the Lamrim and the Guépèle Institute on all the activities concerning them.

The <u>Buddhist Institute of the Lamrim</u> is a religious association which organizes prayers, ceremonies and Buddhist celebrations: The Necklace of the Fortunate, 1000 Offerings to Arya Tara, Purification Practices of the 35 Confession Buddhas, Ganden Namchö, Lhabab Duchen.

The <u>Guépèle Institute</u> is an association under the French law 1901 which organizes the monthly sessions of the study programme, teachings in Paris, group studies at Forum 104, rue de Vaugirard in Paris, and those in Veneux-les-Sablons.

Email: guepele@gandenling.org